



Possible Weekly Schedule

Any activity will be confirmed each day following a Staff Briefing where a number of factors will be considered – the visiting group leader is invited to these briefings. These factors include but are not limited to:

- Weather forecast
- Recent weather
- Rainfall
- Free air freezing level
- Wind
- Tides
- Swell
- Group physical ability
- Group emotional ability
- Group resilience
- Medical conditions / Students at risk
- Fatigue of group
- Staffing ability, competency and availability

Participants will be informed of activities, environmental factors, hazards and the nature of activities disclosed at the start of each day. The information of the day's activities can be relayed to parents as required by the visiting Group leader.

The attached **Schedule** is indicative only and may be adjusted daily to include alternative activities, however, it forms the basis of a typical week. For other possible activities please see our **Activities** section on our website.

TSB TOPEC Possible Weekly Schedule – School Residential Groups

Possible Week	Morning			Afternoon		
	Options			Options		
Monday Staff briefing / Toolbox	Set up, prep	Medical info Risk disclosure Arrival talk Briefing Cabin allocation Orientation	Mud Run – all groups	Bush / Mountain trip	High Ropes course	Adventure Based Learning – team building
Tuesday Staff briefing / Toolbox	Options			Options		
	River Safe	Rogaine	Surfing – East End Beach	Rogaine	Bush / mountain trip	High Ropes course
Wednesday Staff briefing / Toolbox	Options			Options		
		River / Raft trip	Tramp	Rogaine	Bush / mountain trip	Abseiling / Climbing Wall
Thursday Staff briefing / Toolbox Clean up	Options			Overnight Trip		
	Camp prep	Abseiling / Climbing Wall	Rogaine	Camp	Huts	TOPEC
Friday Staff briefing / Toolbox Staff debrief	Return to TOPEC	Pack up	Student debrief		Staff debrief	Leave

NB*

No river activity can be undertaken without the group first completing a **River Safety** programme including that craft. Students that do not participate cannot go on the river. Those deemed to be at risk must be managed appropriately – in raft with guide, or no go.