

Student GEAR List

<input type="checkbox"/>	Boots	or other sturdy footwear if boots unavailable
<input type="checkbox"/>	Sport Shoes	2 x OLD pairs if possible – at least 1 pair will get wet and muddy
<input type="checkbox"/>	Gumboots	Great for many activities
<input type="checkbox"/>	Waterproof Raincoat *	Large, waterproof and with a hood. PVC or similar (not a training shell top)
<input type="checkbox"/>	Over trousers *	At least windproof but preferably waterproof
<input type="checkbox"/>	Pack *	Large enough (60 litres+) to carry overnight gear, plus group equipment
<input type="checkbox"/>	Sleeping Bag	Preferably down or fibrefill – good insulation
<input type="checkbox"/>	Socks	3-4 x pairs of woollen socks
<input type="checkbox"/>	Thermal Pants	2 x wool / polyprop or trackpants (Jeans are not suitable for outdoors wear)
<input type="checkbox"/>	Jerseys *	2 x long sleeved woollen or fleece
<input type="checkbox"/>	Thermal Tops	2 x polyprop or wool tops
<input type="checkbox"/>	Hats	Beanie / Balaclava (woollen) and a cap or sun hat
<input type="checkbox"/>	Gloves	Woollen (mitts acceptable)
<input type="checkbox"/>	T-shirts	Enough to last 3-4 days (for wear in the evenings)
<input type="checkbox"/>	Shorts	2 x pairs (season / term dependent)
<input type="checkbox"/>	Underwear	Enough for 4-5 days
<input type="checkbox"/>	Torch	Small size (as you need to carry it) and include spare batteries
<input type="checkbox"/>	Toiletries	Include soap, toothbrush, toothpaste etc
<input type="checkbox"/>	Towels	2-3 x towels
<input type="checkbox"/>	Swimming Gear	May include your own wetsuit, although these are provided
<input type="checkbox"/>	First Aid	Personal medication (sunblock, insect repellent, personal first aid kit if needed)
<input type="checkbox"/>	Eating Utensils	For overnight camp – spoon, knife, fork, mug, bowl/plate (plastic preferably)
<input type="checkbox"/>	Drink Bottle	1 – 1.5 litre is preferred
<input type="checkbox"/>	Pillow	and pillowcase if desired
<input type="checkbox"/>	Lunch	You need to bring your own lunch for the first day; lunch supplied on other days
<input type="checkbox"/>	Biscuits / Home Baking	One packet or equivalent home baking for suppers and snacks during the week. (These to be handed into the kitchen on arrival)
<input type="checkbox"/>	Rubbish bag	For collecting up your washing at the end of the camp !!
<input type="checkbox"/>	OPTIONAL	Wetsuit / Sunglasses / Snacks

* Although these items are available at TSB TOPEC along with wetsuits and appropriate safety gear, please, contact us the **WEEK BEFORE** your arrival at camp if you require items as some stock (and sizes) are limited. **DO NOT** spend money on expensive outdoor clothing that may not be used again.